

Paper-based Point-of-Care Uric Acid Diagnosis

Dulce Hernandez^{1,3}, Christine Xie^{2,3}, Victor Ong³, Farbod Amirghasemi³, Maral Mousavi³

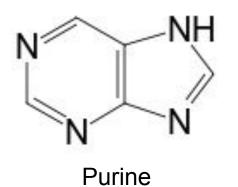
¹Alliance Piera Barbaglia Shaheen Health Services Academy, Los Angeles, CA ²Palos Verdes High School, Los Angeles, CA

³University of Southern California, Department of Biomedical Engineering, Los Angeles, CA



Introduction

Gout, a common form of arthritis, causes needle-like urate crystals to form in the patient's synovial fluid as a result of elevated uric acid levels, caused by the consumption of foods with high levels of purines, the kidney's inability to sufficiently eliminate uric acid, or the increased production of uric acid by the patient's body.



under polarised light.

Treatments for Gout include tracking uric acid levels when undergoing urate-lowering therapy, taking urate-lowering medications, and altering habits/lifestyle (low-purine diet). Monthly blood tests are used to regularly check if uric acid levels are low enough to prevent flares/episodes.

Motivation and Impact

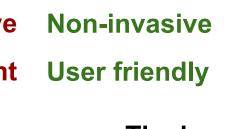
Blood tests, the common test that detects high levels of uric acid (400 µM)

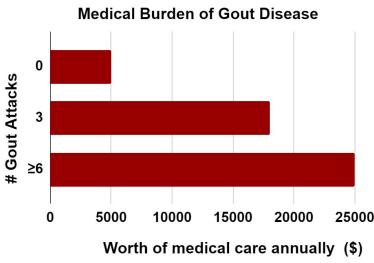
Current Limitation: Proposed approach:

Time Consuming Fast response **Expensive Affordable**

Invasive

Specialized management



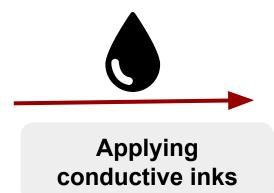


The incorporation of a paper-based technology would significantly enhance uric acid level monitoring in the patient's perspiration or other bodily excretions while being affordable and timely.

Methods





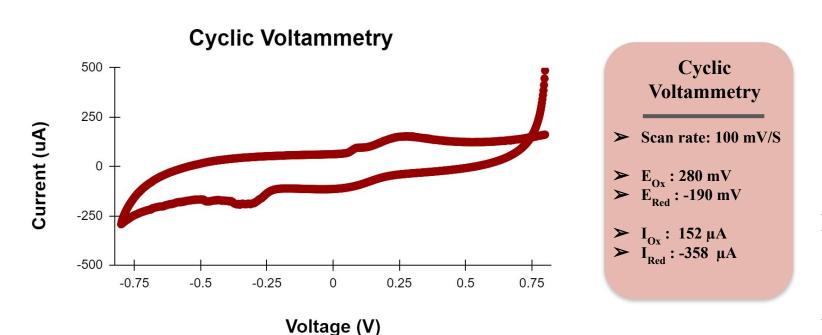


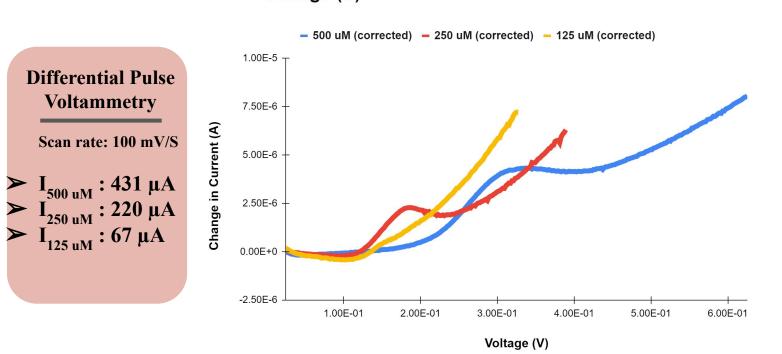


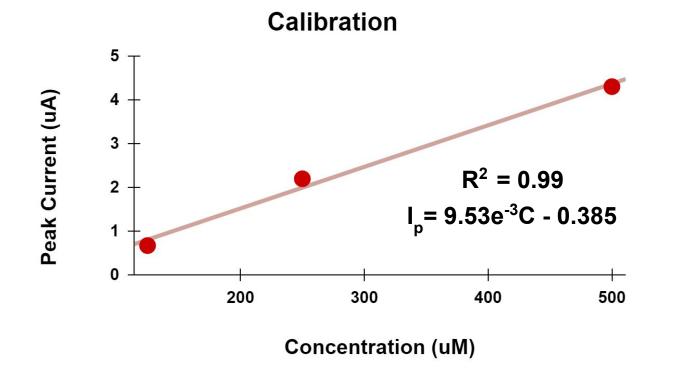




Results







Conclusion

- > Fabricated paper-based electrode successfully detect UA in the therapeutic range
- > CV and DPV shows accurate detection of uric acid concentration in phosphate buffer solution

Future Work

- > Improve detection limit to develop point-of-care prevention device for of uric acid build up.
- > Develop compact, portable readout system for daily-use



SHINE Impact

USC's SHINE Program allowed me to explore biomedical engineering and emphasize my concrete passion for research by surrounding me with people in STEM and giving me the encouragement and resources I don't have.

Acknowledgment

Thank you, Steven Dorfman, for granting me the opportunity to attend SHINE and Dr. Katie Mills for allowing me to explore research. Thank you, Dr. Maral Mousavi and the MAD Lab for being an excellent resource of support and knowledge.

References

- Wertheimer, Albert, Robert Morlock, and Michael A. Becker. "A revised estimate of the burden of illness of gout." Current Therapeutic Research 75 (2013): 1-4.
- > A.D.A.M. Medical Encyclopedia. Uric acid urine test. Updated April 2, 2021. Accessed May 1, 2021. https://medlineplus.gov/ency/article/003616.htm
- https://ard.bmj.com/content/58/5/261